

December 3, 2014

Dear Withrow Families:

It is that time of year again when we start preparations for our Annual **Withrow Cares** campaign. This initiative is a school-wide event, and its purpose is to support our students' understanding of and commitment to the broader community; to show that we appreciate all that we have by giving back to the community.

This year, we have chosen to support two registered charities: The Daily Bread Food Bank and Interval House. Our Grade 1-6 students and their families will support the Daily Bread Food Bank. Their need for food donations is great this holiday season and we want to do our best to support as many families in the Toronto area as possible. Below is the list of items that The Daily Food Bank has told us would be most appreciated.

### Most Needed Food Items:



#### **Veggies and Fruit Group**

Canned Vegetables  
Pasta Sauce  
Canned Fruit  
100% Fruit Juice



#### **Protein Group**

Canned Meat in water  
Canned Fish (Canned Tuna in water,  
Salmon, Mackerel, Sardines)  
Dried/Canned Beans  
Peanut Butter



#### **Grain Group**

Rice  
Pasta  
High Fibre/Low Sugar Cereal  
Oatmeal  
Flour  
Granola Bars



#### **Other**

Baby Food – Vegetable and Fruit  
Baby Cereal  
Baby Formula  
Olive Oil (500 mL)  
Mayonnaise

Our Kindergarten classrooms will be supporting Interval House this year. Interval House is a local women's shelter that houses 12 families in residence at a time. They currently have the following makeup of families: a baby due December 26<sup>th</sup>, 1 four month old boy, 2 one year old boys, 1 one year old girl, 1 two year old boy, 1 two year old girl, 1 four year old girl, 1 five year old girl, 2 five year old boys, 1 fifteen year old girl, 1 sixteen year old boy and 12 single moms. Interval House gifts can include toys, clothing and gift cards.

We are asking Withrow families to contribute whatever they like from the items listed and have them brought to the classrooms by December 12<sup>th</sup>. On the afternoon of the 12th we will collect each classroom's donations and sort them for the shelters for pick up on December 15th. Gift certificates and gift cards should be dropped at the Main Office. Please start bringing your contributions tomorrow, **Thursday December 4th**.

We thank you in advance for your support of our 2014 Withrow Cares campaign!

Sincerely,

Serge Parravano  
Principal

Dan Fisher  
Vice-Principal